

# RISING RANGERS SUMMER CLASSIC



## OUTDOOR BASKETBALL LEAGUE for youth entering grades 5-8 (in Fall 2017)

June 12 - August 3, 2017

Held at the Methuen YMCA Outdoor Basketball Court

Member \$50    Community \$75

Each team will play a one hour game on a week night between 5:00-8:00pm. Exact days and times will be determined.

Information Night will be held on  
Tuesday, June 6th  
6:00pm  
at the Methuen YMCA

For more information, please contact Ryan Middlemiss at 978-686-6191 or [rmiddlemiss@mvyymca.org](mailto:rmiddlemiss@mvyymca.org).

Limited space  
available.  
Register Today!

### Methuen YMCA

129 Haverhill Street • Methuen, MA 01844  
978-683-5266 • [www.mvyymca.org](http://www.mvyymca.org)



FOR YOUTH DEVELOPMENT ©  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# BATTER UP!

## Methuen YMCA Spring I & II Session

Spring I: February 27 - April 15, 2017 • 7 Week Session

Spring II: April 24 - June 18, 2017 • 8 Week Session

Registration Begins:

Family / Individual Members: January 29 • Community: February 12

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## ARTS

### **Pint-Sized Painters** (Ages 3-7)

This creative painting class encourages kids to experiment with different types of paints and create fun, unique works of art.

Thursday • 4:00-4:50pm  
Spring I: Member \$28 • Community \$56  
Spring II: Member \$32 • Community \$64

### **Intro to Charcoal** (Ages 6-14) *New!*

Learn the basics of sketching with charcoal. Will cover smudging, shading, and how to capture lighting using charcoal and erasers. Come learn all kinds of tricks and tips to make your art pop off the canvas.

Thursday • 6:00-6:50pm  
Spring I: Member \$28 • Community \$56

### **Spring Has Sprung** (Ages 7-12) *New!*

This creative painting class encourages kids to experiment with different types of paints and create fun, unique works of art.

Wednesday • 4:00-4:50pm  
Spring II: Member \$32 • Community \$64

### **Open Art** (Ages 8+) *New!*

Come join our drop-in hours on any or every Monday. Take advantage of our space and materials to work on individual or group projects. Participants may be required to provide own materials for more extensive projects.

Monday • 4:00-7:00pm\*  
Weekly Drop-In  
Member \$5/week  
Community \$10/week

### **Project Runway**® (Ages 8-14) *New!*

Explore fashion illustration and design. Turn your art into creative and colorful apparel such as t-shirts, hats, tote bags, and more.

Thursday • 6:00-6:50pm  
Spring II: Member \$40 • Community \$80

### **Paper Palooza** (Ages 8-14)

Origami is only the beginning! In this class, students will learn various paper crafts to display, play, and even wear.

Tuesday • 5:00-5:50pm  
Spring I: Member \$28 • Community \$56  
Spring II: Member \$32 • Community \$64

### **Intro to Clay** (Ages 8-14) *New!*

Come explore this new medium and enjoy working with free-form clay. Learn how to make favorites such as vases, animals, and figures, as well as work on your own mind's creations.

Wednesday • 4:00-4:50pm  
Spring I: Member \$28 • Community \$56

### **Painting 101** (Ages 8-14)

Play with paints and use different methods and supplies to create art. We'll work together to understand color and brushwork, along with uses for different techniques and types of paint.

Thursday • 5:00-5:50pm  
Spring I: Member \$28 • Community \$56  
Spring II: Member \$32 • Community \$64

*\*The YMCA will be closed on Monday, May 29 in observance of Memorial Day.*

## HEALTH & WELLNESS

### **Babysitter Training** (Ages 11-15)

This training allows students to gain the skills and confidence they need to be a great babysitter. Participants receive a Babysitter Certificate & CPR/AED Certificate. Bring a nut-free lunch from home.

Wednesday • 9:00am-4:00pm  
Feb 22, Apr 19, Jun 28  
Member \$100 • Community \$135

### **CPR/AED Training** (Ages 14+) *New!*

This American Heart Association Heartsaver® CPR/AED course will teach you to recognize cardiac arrest, get emergency care on the way quickly, and help a person until more advanced care arrives to take over.

Monday • Mar 6 • 6:30-9:30pm  
Tuesday • Apr 25 • 6:30-9:30pm  
Wednesday • Jun 7 • 6:30-9:30pm  
Member \$75 • Community \$105

### **Karate Club** (Ages 5-12)

The Karate Club allows students to learn at their own pace and progress through the ranking system to earn colored belts. \$20 fee for uniform additional.

Wednesday • 5:00-5:50pm  
Year-Round Program  
Member \$35/month\*  
Community \$50/month\*

\*Monthly bank/credit card draft required.

*\*The YMCA will be closed on Monday, May 29 in observance of Memorial Day.*

## SPORTS

### **Itty Bitty Baseball** (Ages 4-8)

This t-ball/coached pitch program focuses on the fundamentals of baseball. Each week will consist of a 45 minute practice and a 45 minute game.

Saturday • 9:00-10:30am  
May-June • Exact dates TBA  
Member \$50 • Community \$75

### **Basketball Skills Clinics** (Ages 4-12)

The basketball skills clinics are designed to emphasize the fundamentals of basketball such as dribbling, passing, defense and shooting. **Spring I Session will be begin on March 13th or 16th.**

Monday\*  
5:30-6:30pm • Ages 4-5  
6:30-7:30pm • Ages 6-8  
7:30-8:30pm • Ages 9-12  
Thursday  
5:30-6:30pm • Ages 4-5  
6:30-7:30pm • Ages 6-8  
7:30-8:30pm • Ages 9-12  
Spring I: Member \$25 • Community \$50  
Spring II: Member \$40 • Community \$80

### **Indoor Soccer** (Ages 4-12)

Program participants will learn dribbling, teamwork, passing, rules, shooting, and fun! **Spring I Session will begin on March 14th.**

Tuesday  
5:30-6:30pm • Ages 4-5  
6:30-7:30pm • Ages 6-8  
7:30-8:30pm • Ages 9-12  
Spring I: Member \$25 • Community \$50  
Spring II: Member \$40 • Community \$80

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**Recording &**

**Beat Making** (Ages 10-18)  
 Learn to record, mix, and master electronic and live music in our professional-level Recording Studio.

Tuesday  
 4:00-4:30pm  
 4:30-5:00pm  
 5:00-5:30pm  
 5:30-6:00pm  
 Spring I & II: Member/Community FREE

**Jam Session**

**Class** (Ages 10-18) *New!*  
 Learn how to jam and build a repertoire of songs with other musicians – culminating with a live performance at the Music & Youth Showcase concert on May 5<sup>th</sup> 2017, featuring performances by youth from the 16 Music Clubhouses in Massachusetts! Instruments offered are piano, guitar, bass guitar, drum set, singing and auxiliary percussion. Weekly attendance is required. We will be learning new songs, chords, scales, and basic music theory. No prior knowledge is necessary – all skill levels welcome from absolute beginner to advanced!

Tuesday • 6:00-7:00pm  
 Spring I: Member/Community FREE

**Drop-in Recording**

**Sessions** (Ages 10-18)  
 Work individually with a staff member to create multi-track recordings, record live instruments, use samples, work on original songs, and more! Sign-up for 30 or 60 minute sessions.

Monday-Thursday • 3:00-7:00pm \*  
 Member/Community FREE

**Music Workshop**

**Thursdays** (Ages 10-18)  
 Every Thursday we work on various music projects that range from video production, flash mob performances, songwriting workshops, live recording sessions, album artwork night, performance development workshops, band practices, improvisation workshops, and much more!

Thursday • 3:00-7:00pm  
 Member/Community FREE

**Live Podcast** (Ages 10-18)

Come be a part of our live podcast where we talk about music, video games, culture, art, and pretty much everything! The show is broadcast live over the internet, so anyone with a computer can tune in!

Check our facebook page for this month's guest performer(s):  
[facebook.com/MethuenMusicClubhouse](https://www.facebook.com/MethuenMusicClubhouse)

To listen to past podcasts, check out our bandcamp page:  
[MethuenMusicClubhouse1.bandcamp.com](https://MethuenMusicClubhouse1.bandcamp.com)

Thursday • 5:00-5:30pm  
 Feb 23, Mar 23, Apr 27, May 25, Jun 22  
 Member/Community FREE

**Open Mic Night** (All Ages)

Perform the song that you have been practicing, have your band play, sing and show off your talents! Open to all, but performers must be ages 10-18.

Thursday • 6:00-8:00pm  
 Feb 16, Mar 16, Apr 20, May 18, Jun 15  
 Member/Community FREE

**Urban Art** (Ages 8-16) *New!*

Learn to create graffiti-style letters, characters, and street art using techniques such as stencil and collage. Use vibrant color schemes to turn words into works of art.

Tuesday • 6:00-6:50pm  
 Spring I: Member \$28 • Community \$56  
 Spring II: Member \$32 • Community \$64

**SPECIAL INTEREST**

**Play-Doh® Club** (Ages 4-8)

Mold your imagination and get creative with Play-Doh. Come and play with other kids making creations out of this classic molding compound.

Wednesday • 5:00-5:50pm  
 Spring I: Member FREE • Community \$28  
 Spring II: Member FREE • Community \$32

**Cooking Basics** (Ages 4-12)

We will stir up creative recipes and have a blast making some of our favorite treats, while learning basic kitchen & cooking skills.

Tuesday  
 4:00-4:50pm • Ages 4-6  
 5:00-5:50pm • Ages 7-12  
 Spring I: Member \$35 • Community \$70  
 Spring II: Member \$40 • Community \$80

**LEGO® Club** (Ages 5-8)

If you can imagine it, you can build it with LEGO® bricks. Enjoy fun, creative play and instructor guided building challenges.

Wednesday • 4:00-4:50pm  
 Spring I: Member FREE • Community \$28  
 Spring II: Member FREE • Community \$32

**Slimy Science** (Ages 5-12)

Learn how fun science can be through ooey, goeey, sticky, and slimy experiments. This class is more than hands-on, it's hands-in! Come prepared to have fun and get messy.

Wednesday • 6:00-6:50pm  
 Spring I: Member \$28 • Community \$56  
 Spring II: Member \$32 • Community \$64

**Knitting** (Ages 8+)

Pull up your best rocking chair and get nice and cozy with this relaxing craft. Yarn will be provided for the first 2 weeks and after which participants must supply their own.

Wednesday • 6:00-6:50pm  
 Spring I: Member \$21 • Community \$42  
 Spring II: Member \$24 • Community \$48

**Chess Club** (Ages 8-18) *New!*

This club is ideal for developing minds that want to learn or improve in the strategy game of chess.

Tuesday • 4:00-4:50pm  
 Spring I: Member FREE • Community \$28  
 Spring II: Member FREE • Community \$32

**Baking Basics** (Ages 10-14) *New!*

This class will delve into the world of baking. Savory, sweet, chewy, crunchy – we'll cover it all! Join us as we bake bread, cookies, and everything in between.

Thursday • 4:00-5:50pm  
 Spring I: Member \$49 • Community \$84  
 Spring II: Member \$56 • Community \$96

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**Kids Sewing** (Ages 10-15) *New!*

An introduction to the fundamentals of sewing. Learn to use a sewing machine, basic sewing terms, methods, and tools. Complete a pillow and other simple sewing projects.

Tuesday • 5:00-5:50pm  
 Spring I: Member \$35 • Community \$70  
 Spring II: Member \$40 • Community \$80

**Adult Sewing** (Ages 16+)

Learn to use a sewing machine, basic sewing terms, methods and tools. Complete simple sewing projects, including an item of clothing. Participants are responsible for purchasing materials after the first class to sew their own outfit.

Tuesday • 6:00-8:00pm  
 Spring I: Member \$56 • Community \$84  
 Spring II: Member \$64 • Community \$96

**Paint Night** (Ages 18+)

Create your very own painting masterpiece through step-by-step instructions. Enjoy a fun night out with friends while supporting the Methuen YMCA Annual Campaign. Event will be held at Muddy Waters.

Monday • Mar 27 • 7:00-9:00pm  
 Member/Community \$35

**Facility Rentals** (All Ages)

The YMCA is a great place to host your birthday party, baby shower or other special event. For more information or to make a reservation, call the Methuen YMCA at (978) 683-5266.

Member \$50/hour  
 Community \$100/hour

**Kids Night Out** (Ages 5-12)

Kids can enjoy games, food and fun, while parents enjoy a night out of their own.

Saturday • 5:00-8:00pm  
 Feb 11, Mar 11, Apr 8, May 13, Jun 10  
 Member \$5 • Community \$10

**Leaders Club** (Grades 5-8)

Are you a 5th-8th grade student looking to get involved? Don't miss out on the Y's Leaders Club this year! Develop leadership skills through community service, career workshops, and school tours.

Friday • 4:30-6:00pm  
 Feb 17, Mar 17, Apr 21, May 19, Jun 16  
 Member/Community FREE

**Upper School**

**Fun Night** (Grades 5-8)

Enjoy a fun night out with your friends! Activities include sports, music, recording studio, games, crafts, and more. Pizza, snacks, and drinks will be available for purchase.

Friday • 6:30-9:00pm  
 Feb 17, Mar 17, Apr 21, May 19, Jun 16  
 Member FREE • Community \$7

**Special Friends Dances** (Age 18+)

Adults with disabilities are invited to come to our monthly themed dances with music, friends and fun!

Friday • 6:30-8:30pm  
 Feb 3, Mar 3, Apr 7, May 5, Jun 2  
 Member/Community \$5

**MUSIC CLUBHOUSE**

**Drop-in Hours** (Ages 10-18)

Participants have access to music instruments and a state-of-the-art recording studio.

Monday-Thursday • 3:00-7:00pm  
 Member/Community FREE

**Drum Lessons** (Ages 10-18)

Learn to play the drum set in various styles, such as Rock, R&B, Jazz, and Hip Hop.

Monday\*  
 4:00-4:30pm  
 4:30-5:00pm  
 5:00-5:30pm  
 Spring I & II: Member/Community FREE

**Guitar Level I** (Ages 10-18)

Learn to play electric or acoustic guitar for the first time. For beginners brand new to guitar.

Tuesday  
 4:00-4:30pm  
 4:30-5:00pm  
 5:00-5:30pm  
 Spring I & II: Member/Community FREE

**Guitar Level II** (Ages 10-18)

Improve your skills playing the electric or acoustic guitar. Must have completed 2 sessions at the Music Clubhouse or 6 months elsewhere.

Tuesday  
 5:30-6:00pm  
 6:00-6:30pm  
 6:30-7:00pm  
 Spring I & II: Member/Community FREE

**Piano Level I** (Ages 10-18)

Learn scales and chords on the electric keyboard. For beginners brand new to piano.

Wednesday  
 4:00-4:30pm  
 4:30-5:00pm  
 5:00-5:30pm  
 Spring I & II: Member/Community FREE

**Piano Level II** (Ages 10-18)

Improve your skills on the electric keyboard. Must have completed 2 sessions at the Music Clubhouse or 6 months elsewhere.

Wednesday  
 5:30-6:00pm  
 6:00-6:30pm  
 6:30-7:00pm  
 Spring I & II: Member/Community FREE

**Voice & Songwriting** (Ages 10-18)

Learn singing techniques, songwriting methods, and develop your own musicianship style using various art forms.

Thursday  
 4:00-4:30pm  
 4:30-5:00pm  
 5:00-5:30pm  
 5:30-6:00pm  
 Spring I & II: Member/Community FREE

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