

METHUEN RECREATION DEPARTMENT

February Vacation Basketball Day Academy

February 18th - 21st at the Marsh Grammar School 9:00 A.M. – 12:00 P.M.

Divisions Offered: (Ages 6-7) (Ages 8-9) (Ages 10-11) (Ages 12-13)

Daily Rates: \$30.00

Weekly Rates: \$100.00

Registration: Please fill out form at the bottom and mail with payment to reserve a spot

Typical Day of FUNDamentals

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|--------------------|--|
| 8:45-9:00 | Check-In |
| 9:15-9:30 | Ball Handling Technique Drills |
| 9:30-9:45 | Passing Technique Drill |
| 9:45-10:00 | Shooting Technique Drills |
| 10:00-10:15 | Lay-up Technique |
| 10:15-10:30 | Snack Break <i>(players bring their own snacks)</i> |
| 10:30-11:00 | Offense Individual Skill Development Stations |
| 11:00-11:45 | Full Court Game |
| 11:45-12:00 | Knock Out and Shooting Contest |
| 12:00 | Dismissal |

2020 Methuen Recreation Department

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Please Check the days you will be attending

Tues _____ Wed _____ Thur _____ Fri _____

Daily Rate: **Total Days x \$30.00**

Weekly Rate: **\$100.00 (all 4 days)**

Please make all checks payable to:

**Methuen Recreation Department
41 Pleasant Street – Room 110
Methuen MA 01844**

Name: _____

Age: _____

Address: _____

Methuen MA 01844

***Email (required): _____**

Telephone: _____

Cell Phone: _____

Parent's/Guardian Signature: _____

I hereby request that my child named above be admitted to the February Vacation Basketball Day Academy Program. In the event that I cannot be reached I authorized the Director/Coach to act for me according to his/her best judgement.