

February Menu 2020 – Please call 978-983-8832 two days in advance to reserve a meal.

<p>3 Egg n' cheese 1pc Pork Sausage Patty 1pc Baked Pears ½ cup Croissant 1pc Yogurt 1pc Ketchup 1pc Juice 1pc</p>	<p>4 Chicken Piccata w/capers 1pc Pasta w/piccata sauce ½ c Garden Salad ½ cup WW Bread 1pc Baked Good 1pc Salad Dressing 1pc</p>	<p>5 Tomato Tortellini Soup* 6oz Cheeseburger 1pc Potato Chips 1pc Chef's Vegetables ½ cup Burger Bun 1pc Fresh Fruit (orange) 1pc Ketchup 1pc</p>	<p>6 American Chop Suey 3oz beef, 4oz pasta, 2oz sauce Zucchini ½ cup Garlic Roll 1pc Mixed Fruit ½ cup Parm Cheese 1pc</p>	<p>7 Smothered Pork 1pc Sweet Potatoes ½ cup Creamed Spinach ½ cup Applesauce ½ cup Biscuit 1pc Salad Dressing 1pc</p>
<p>10 Hot Dog 1pc Baked Beans ½ cup Chef's Veg ½ cup Hot Dog bun 1pc Mandarins 1pc Ketchup, Mustard, Relish 1 pc each</p>	<p>11 Vegetable Lasagna 1pc Marinara Sauce ½ cup Capri Blend ½ cup Oat Bread 1pc Baked Good/modified 1pc Parm Cheese 1pc</p>	<p>12 Clam Chowder* 6oz Fish Sandwich - Breaded Fish (WG Pollock) 1pc Roasted Potatoes 4oz Peas & Onions 4oz Fresh Fruit 1pc Burger Bun 1pc Tartar Sauce 1pc</p>	<p>13 Valentine's Special: Yankee Pot Roast 1pc Jardinière Gravy 2oz G.Beans Garlic 1/2c Scalloped Potatoes 1/2c WW Dinner roll 1pc Strawberry Ambrosia 1pc</p>	<p>14 Meatballs 3pc Sweet n Sour Sauce 2oz Asian Blend Veg ½ cup White Rice ½ cup Peaches ½ cup MG Bread 1pc</p> 
<p>17 CLOSED No Meals Served</p> 	<p>18 Cheese Ravioli 8pc Vodka Sauce ½ cup Broccoli & Cauliflower ½ c Garlic Roll 1pc Parm Cheese 1pc Mixed Fruit ½ cup</p>	<p>19 Lentil Soup *6oz Breaded Chicken Bites 1pc Roasted Potatoes ½ c Chef's Vegetables ½ cup Fresh Fruit 1pc Biscuit 1pc Honey Mustard 1pc</p>	<p>20 Birthday: Meatloaf 1pc Gravy 2pm Mashed Potatoes 1/2 c Carrots ½ cup MG Bread 1pc B-Day Cake 1pc</p>	<p>21 Turkey & Rice Casserole 8oz Beets ½ cup WW Bread 1pc Chocolate Pudding ½ cup/Modified</p>
<p>24 Steak 3oz w/Peppers & Onions 2oz Farm Fries 1oz Green Beans ½ cup Sub Roll 1pc Ketchup 1pc Chef's Dessert 1pc</p>	<p>25 Crustless Chicken Pot Pie 5oz Mashed Potatoes 1/2c Garden Salad ½ cup Biscuit 1pc Salad Dressing 1pc Baked Good 1pc/Modified</p>	<p>26 Ash Wednesday: Creamy Broccoli Soup*6oz Tomato & Mushroom Frittata 1pc Baked Beans ½ cup Zucchini ½ cup Yogurt 1 pc Muffin 1pc</p>	<p>27 Open Faced Turkey Sandwich - 3 oz turkey, Bread, Gravy 2oz Butternut Squash 1/2 cup Chef's Veg ½ cup Cran Sauce 1pc Fresh Fruit (orange) 1pc</p>	<p>28 Seafood Newburg 6oz Vegetable Rice ½ cup Brussels Sprouts ½ cup Pears ½ cup Oat Bread 1pc</p>