


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>November 2019 Regular Production Menu</p> <p>To Reserve a Meal, call 978-983-8832 two days in advance.</p> 				<p>1 Teriyaki Pork Stir Fry 5oz Asian Veggies ½ cup White Rice ½ cup Pineapple 1/2 c Oat Bread 1pc</p>
<p>4 Meatball Stroganoff 3pc Sauce 2oz Pasta 1/2 cup Green Beans 1/2 cup Italian Bread 1pc Mixed Fruit 1pc</p>	<p>5 Baked Ham 3oz Roasted Potatoes 1/2 cup Turnip, Cabbage&Carrots 1/2c WW dinner roll 1pc Applesauce 1/2 cup Cranberry sauce 1pc</p>	<p>6 Chicken Noodle Soup 6oz Cheeseburger 1 pc Crinkle Fries 1/2 cup Mixed Veggies ½ cup Hamburger Roll 1 pc Fresh Fruit 1pc Ketchup and Mustard 1pc Soup crackers 1pc</p>	<p>7 Chicken Broccoli Alfredo 5oz Pasta ½ cup Garden Salad ½ cup MG Bread 1pc Baked good/modified 1pc Salad dressing 1pc Parm cheese 1pc</p>	<p>8 Seafood Casserole 6oz Broccoli ½ cup Parmesan Risotto ½ cup Special: Red, White & Blue Parfait 1pc (Yogurt & Fruit) WW Bread 1pc</p>
<p>11</p> <p>CLOSED No Meals Served Veterans Day</p>	<p>12 Turkey & White Bean Chili 5oz Mashed Potatoes 1/2 cup Brussels Sprouts 1/2 cup Oat bread 1pc Fresh Fruit 1pc</p>	<p>13 Potato Bacon Soup 6oz Egg patty w/cheese 1pc Baked Beans 1/2 cup Cinnamon Apples 1/2cup English Muffin 1pc Yogurt 1pc Juice (no milk) 1pc Soup crackers 1pc</p>	<p>14 Birthday: Chicken 3oz w/peppers & onions 2oz Spanish Rice 1/2 cup Corn 1/2 cup Tortilla 1pc B-day Cake/Modified dessert. Sour Cream 1pc</p>	<p>15 Eggplant Parm 1pc Pasta ½ cup Garden Salad ½ cup Italian Bread 1pc Chef's Dessert 1pc Parmesan 1pc Salad Dressing 1pc</p>
<p>18 Chicken Cordon Bleu 1pc Rice Pilaf 1/2 cup Honey Carrots 1/2 cup Mandarins 1/2 cup MG bread 1pc</p>	<p>19 BBQ Pork Patty 1pc BBQ sauce 2oz Sweet Potatoes ½ cup Cheesy Cauliflower 1/2 cup Chocolate Pudding/Diet Pudding 1/2c Burger Bun 1pc</p>	<p>20 Corn Chowder 6oz Potato Fish 1pc Lemon rice ½ cup Peas 1/2 cup Oat Bread 1pc Fresh Fruit 1pc Soup crackers 1pc Tarter Sauce 1pc</p>	<p>21 Thanksgiving Special Turkey 3 oz with Gravy 2 oz Mashed Potatoes ½ cup Stuffing ¼ cup Green Bean Casserole ½ cup Dinner Roll 1 pc Cranberry Sauce 1 pc Pie 1/10/Modified Dessert</p>	<p>22 Ravioli w/meat sauce 2oz Creamed Spinach 1/2 cup Garlic Bread 1pc Parm Cheese 1pc Mixed Fruit 1/2 c</p>
<p>25 Hot Dog 1pc Pork Baked Beans 4oz Chefs veg 1/2 cup Hot Dog Roll 1pc Pineapple 4oz Ketchup, Mustard, Relish 1pc</p>	<p>26 Sliced Beef 3oz Orange Sauce 2oz White Rice ½ cup Asian Veggies ½ cup Baked Good/Modified 1pc Dinner Roll 1pc</p>	<p>27 Minestrone Soup 6oz Breaded Chicken 1pc Roasted potato 1/2 c Broccoli 1/2 cup, Bread Fresh Fruit 1pc CLOSED AT 12:30PM</p>	<p>28</p> <p>CLOSED No Meals Served Happy Thanksgiving</p>	<p>29</p> <p>CLOSED No Meals Served Happy Thanksgiving</p>